



Make your business and team more resilient

The Kusunacht Practice's CEO Programme is a prerequisite to your business's continuity and long-term success. In these difficult times, they can help you to make your business more resilient.

The Kusunacht Practice believe that among the richest assets a company can possess is the health of their leaders and employees.

Your company's tangible assets are constantly monitored and audited, with their performance reported, and immediately

attended to when deviations occur. Does the health of your top employees receive the same attention? Has the stress of this past year generated a ripple effect, taking its toll on the morale of entrepreneurs and executives, increasing depression and burnout in your management team?

This is the reason The Kusunacht Practice have designed their CEO Programme, a crucial investment in your company security at the upper levels.

Through identifying the underlying causes of depression and burnout, The Kusunacht Practice design a personalised programme adapted to the business leaders' requirements. A unique treatment strategy is assembled, encompassing a holistic approach to help rebalance the mind with the body, and vice-versa.

With traditional Swiss discretion, The Kusunacht Practice provide the medical excellence to check, analyse and treat the causes of depression and burnout. Each treatment is personalised, with the utmost level of attention, and planned in six to eight personal sessions per day, which is more than others conduct in a month of treatment. This can help to rebalance the mind and body – and results can be visible after the first week.

According to one client, Albert, aged 37: *"I was a leader in my industry, but I was in denial about the fact my life was unmanageable due to alcohol. Initially, I just wanted to detox and lose weight, but thankfully The Kusunacht Practice identified the underlying issues that were triggering my addiction. It made me put recovery first and now my life is back on track, both professionally and within my family."*



Visit kusunachtpractice.services to find out more. **The Kusunacht Practice**