

BAZAAR^{Harper's}

02.2023





*The grounds at the
Kusnacht Practice*

THE KUSNACHT PRACTICE BEST FOR REBALANCING

At this super-exclusive treatment centre set in the serene Swiss landscape, scientific excellence is paired with first-class hospitality. With only 12 villas (one per guest) and some 90 professionals to cater for your needs – from doctors to chefs and personal trainers – you’d be hard-pressed to find somewhere where your wellness experience will be more personalised and thorough.

Kusnacht’s Bio-R programme focuses on biomolecular restoration: the recalibration of your body, mind and energy through science. Bone density, muscle health, genetics, brain age and an extensive psychiatric evaluation are all taken into consideration when proposing treatments, the goal of which isn’t necessarily to cure a specific ailment, but to achieve peak physical and mental health.

Tailored supplementation, hyperbaric chambers, X-rays and ultrasound scans are just a few of the services available to the practice’s ultra-high-net-worth clients (who include CEOs and entrepreneurs, royalty and billionaires) as part of a comprehensive but constantly adjusted plan. A stay at Kusnacht – from one week, though many choose to stay for six or more – is a big investment, but one that is bound to repay itself; after all, you can’t put a price on your health. JG

A seven-night stay at the Kusnacht Practice (www.kusnachtpractice.care), price on application.



THE KUSNACHT PRACTICE

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